

# The Freshness Alert Newsletter



**Fruit Available This Week:** Fresh and Local Washington Grown Peaches, Nectarines, and Prunes. We also have Californian Watermelons and Oranges.



**Varieties By the Pound:**  
Scarlett and Rich Lady Peaches,  
Angel Fire™ and  
Donut Peaches  
(Flat Yellow Flesh), Nectafire™  
and Donut Nectarines  
(Flat Yellow Flesh),  
Independence Nectarines, and  
Oranges.



**Varieties By The Box :**  
Scarlett, Rich Lady and Fire Prince  
Peaches., Angel Fire™  
and Donut Peaches  
(Flat Yellow Flesh),  
Nectafire™ and Donut  
Nectarines (Flat Yellow Flesh),  
Independence Nectarines and  
Italian Prunes. We also have  
Watermelons sold by the piece.



Peach Ambrosia



## Ingredients:

2 cups fresh ripe but firm peach slices  
1 medium banana, sliced  
1/2 cup red seedless grapes (optional)  
1 tbsp lemon juice  
2 tablespoons granulated sugar  
1/2 cup flaked coconut

## Directions

Combine peaches, bananas, grapes ,  
lemon juice, and sugar. Chill for  
about an hour. Add coconut just before  
serving. Spoon into dessert dishes. Serves  
4. Top with whipped cream or vanilla  
yogurt to dress it up.

For Questions email us at:  
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